

# "I strongly recommend annual colon screenings for anyone over 50."



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Colon cancer is the second leading cause of adult cancer deaths in the United States. If the disease is diagnosed and treated in its earliest stages, survival rates are as high as 90 percent. However, less than 40 percent of cancers are discovered at an early stage.

To ensure that you are not at risk, you should be screened regularly. Screening is recommended for all individuals over age 50. Those with a family history of either colon cancer or polyps may need to be screened

earlier and more often and should discuss it with their physicians.

Detecting and removing precancerous polyps, which may be present in the colon for years before invasive cancer develops, can prevent colorectal cancer. A colonoscopy is one of best screening tests for detecting colon cancer in its earliest stages. It is a highly accurate, painless outpatient procedure that enables the physician to examine the entire lining of the large intestine with a flexible instrument called a colonoscope. If polyps are found, they can be removed during the procedure. The entire procedure usually takes less than 25 minutes.

As director of the division of gastroenterology at Maimonides Medical Center and associate professor of medicine of Mount Sinai School of Medicine, I oversee both clinical and academic activities in the areas of digestive disease including the gastrointestinal tract, liver and pancreas. Our physicians and nurses are specially trained in gastroenterology and have experience in delivering the highest standard and most comprehensive care for digestive diseases. We are committed to providing the most successful colon cancer prevention program in Brooklyn.

Maimonides Medical Center is pleased to provide colorectal screening and treatment to Brooklyn residents, regardless of their ability to pay. Equipped with state-of-the-art technology, our new endoscopy center provides quality patient care and gives high priority to your comfort when you visit. Call 718-283-7352 for an appointment or more details.



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(Chinese information line) or visit [www.maimonidesmed.org](http://www.maimonidesmed.org).**