

The Maimonides Hand Center.

It gets two thumbs up.



Jack Choueka, M.D.
Director, Hand and Upper
Extremity Surgery

The Maimonides Hand Center is dedicated to providing the best available treatment for a variety of upper extremity conditions in people of all ages. The unique combination of skilled medical staff and utilization of the latest technologies translates into an unparalleled level of care.

Maimonides' integrated team of doctors, nurses and therapists provides expert medical and surgical care for all disorders of the hand, wrist, elbow and shoulder. The conditions most commonly treated include carpal tunnel syndrome,

trigger finger, tennis elbow, rotator cuff disorders, tendonitis, arthritis and fractures.

Of course, we view surgery as a last resort and are always looking for non-surgical solutions to our patients' problems. For example, a newly designed splint developed at the Hand Center has been successfully used in the treatment of carpal tunnel syndrome.

When surgery is absolutely necessary, we use the most recent advances in orthopaedic technology to achieve faster recoveries and improved function. Many shoulder conditions that once required extensive open reconstruction can now be treated with arthroscopic techniques. Carpal tunnel surgery can be performed with minimal incision endoscopic surgery. Wrist fractures that used to need extensive immobilization and casting can now be treated with fixation, allowing immediate range of motion and function of the hand. A vast majority of procedures are performed under regional or local anesthesia, as same-day ambulatory procedures in our newly built ambulatory surgery center.

The latest technology used in the Hand Center also includes a mini-fluoroscopy machine instead of x-ray, which minimizes radiation exposure and allows real time assessment of joint dynamics.

The Maimonides Hand Center. Truly head and shoulders above the rest.

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Maimonides
 Medical Center

For more information, visit www.maimonidesmed.org.
To find the right doctor for you, call (888) MMC-DOCS (662-3627).