



Fibroid tumors. No one knows what causes them, but we do know how to treat them.



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In the fast-developing field of medicine, it's imperative to stay current with the latest technologies. At Maimonides Medical Center, we strongly believe in always being at the leading edge.

That is certainly the case when it comes to the area of women's health, where new technologies and techniques have led to dramatic treatment breakthroughs in recent years.

Dr. Pedram Bral has established the Minimally Invasive and Robotic Surgery Division in the Department of Gynecology at Maimonides to better address women's health issues, such as uterine fibroids,

abnormal bleeding, and pelvic pain and prolapse.

Uterine fibroids affect as many as half of all American women and can cause bleeding, pressure, infertility, and, literally, crippling pain. Ninety percent of uterine fibroid patients who require surgical intervention undergo an abdominal hysterectomy, the removal of the entire uterus via a large abdominal incision, or abdominal myomectomy, which is the removal of these benign tumors through large abdominal incisions.

Dr. Bral offers patients additional choices by performing most of these procedures using laparoscopic and/or robotic techniques. These techniques use much smaller, keyhole-sized incisions, resulting in a far quicker recovery time. Patients spend a day or less in the hospital rather than a three- to five-day stay. They typically return to normal activity in days rather than weeks and experience less pain and scarring. Many abdominal hysterectomies can either be avoided by performing myomectomy using the da Vinci® robotic device – which can preserve the uterus and fertility – or be performed laparoscopically to dramatically ease the recovery process.

Pelvic prolapse – dropped bladder, uterus and/or rectum through the vagina – is usually addressed through major vaginal or abdominal surgery. The da Vinci robot can help the surgeon perform this procedure with more precision and dexterity through small incisions with excellent results.

If your gynecologist believes that you have any of these conditions and that you require treatment, including a surgical procedure, we encourage you to contact us.

Please call (718) 444-2300 to make an appointment. Together, we can develop a plan to help bring an end to your pain and discomfort.



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To find the right doctor for you, call (888) MMC-DOCS (662-3627).**